# Wednesday, February 21, 2018

Tracks: (A) Academic, (C) Career/Postsecondary, (L) Leadership/Advocacy, (P) Personal/Social

	7:15 – 8:15 Sectional 1	8:30 a.m.	10:30 – 11:30 Sectional 2		1:00 – 2:00 Sectional 3	2:30 – 3:30 Sectional 4	4:00 – 5:00 Sectional 5
Pallrager	(A)		(P)		(P)	(P)	(A)
Ballroom C	1. Evidence- Informed ACP		7. Teaching DEAR MAN	WSCA Members' Focus	19. Teaching Problem Solving & Conflict	31. Sensory Integration & Trauma	42. Practical Applications of Mindsets
	(Gr. 6 – 12)	Exhibits	(Pre-K – 5)	Group: Listening Session with	(Pre-K – 5)	(Pre-K – 5)	(Pre-K – PS)
Ballroom D	(P) 2. A School Response to Bullying (Pre-K – 12)	Open from 7:30 a.m. to	(C) 8. UW Colleges & Extension Restructuring (Gr. 9 – 12)	Board Members 12:00-12:45 pm Ballroom C	(P) 20. Breaking Down Barriers… (Gr. 9 – 12)	(P) 32. Where are we at now? Supporting Transgender (Pre-K – 12)	(P) 43. Skills Training for DBT as Tier 1 Mental Health (Gr. 6 – 8)
Hall of Ideas E	(P) 3. Infusing Science in Classroom (Gr. K – 8)	<b>5:00 p.m.</b> Capitol Promenade,	(P) 9. Youth Mental Health First Aid (Gr. 6 – 12)	Bring your lunch, join the conversation, and share your experiences!	(P) 21. Disordered Eating, Body Image (Gr. 6 – 12)	(C) 33. Fifty Shades of Gray: Ethical Dilemmas (Gr. 9 – 12)	(C) 44. Beating the Early Application Rush; Partnering (Gr. 9 – 12)
Hall of Ideas F	(P) 4. Integrating PBIS & SMART (Gr. 6 – 8)	Grand Terrace and Ballroom A and B	(P) 10. PBIS Universal Screeners (Pre-K – 12)	- Lunch Break - 11:30 – 1:00	(C) 22. Student Led Junior Conferences (Gr. 9 – 12)	(P) 34. Social Media: What do Parents Need to Know? (Pre-K – 12)	(L) 45. Classroom Level PBIS: Engaging All (Gr. 6 – 12)
Hall of Ideas G	(C) 5. UW Colleges Online (Gr. 9 – 12)		(P) 11. Recovery from Critical Incidents	Complimentary desserts and refreshments in the Exhibit Hall!	(P) 23. Developing a Homegrown Character Ed	(P) 35. District Wide Crisis Response (Pre-K – 12)	<ul> <li>(P)</li> <li>46. Effective Use of Play Therapy</li> <li>(Pre-K - 5)</li> </ul>
	(01. 9 = 12)		(Pre-K – 12)		(Pre-K – 5)	· · ·	. ,
Hall of Ideas H		General Session	<b>(A)</b> 12. Makin' Graduation Happen…		(C) 24. What Parents Need to Know: 1-2-7	(P) 36. Become a Change Agent for Improved Health	(P) 47. 6 Degrees: Leaving a Lasting Impact
		Michele	(Gr. 9 – 12)		(Pre-K - 12)	(Pre-K - 8)	(Gr. 6 – 8)
Hall of Ideas I	WSCA Graduate Course	Borba "Unselfie"	(P) 13. Using Breakout Boxes for lessons		(P) 25. Partnering w/ Families to Enhance	(C) 37. New Twists on Conferencing: Seminar Model	(C) 48. I can do THAT at a Technical College?
Hall of Ideas J	7:00 a.m. (A) 6. Integrating Online Learning	8:30 a.m. Level 1 Hall B	(Pre-K – 12) (L) 14. WSCPAR Introduction	Nutrition Break 3:30 – 4:00	(Pre-K – 12) (C) 26. Hot Topics in UW System Admissions	(Gr. 9 – 12) (L) 38. SPOs, PPGs and D-A-T-A	(Gr. 6 – 12) (C) 49. Post- Secondary Education w/ a
	(Gr. 9– 12)		(Pre-K – 12)	Level 4 – Grand Terrace	(Pre-K – 12)	(Pre-K – 12)	Disability (Gr. 9 – PS)
Meeting Room K			(L) 15. The ASCA Model in 30 Minutes		<b>(L)</b> 27. It's RAMP Time: Why and How	(P) 39. Use of Assessments, Screeners; Panel	(L) 50. State of the State in School Counseling
			(Pre-K – 12)		(Pre-K – PS)	(Pre-K – 12)	(Pre-K – PS)
Meeting Room L			(A) 16. Career Cruising: Course Planner	Afterglow Reception 5:00 – 6:15 pm	(P) 28. Forget the Miracle Question	(C) 40. Graduate Student Panel: Interviewing	(C) 51. Future Employment for Grad Students
	Registration		(Gr. 6 – 12)		(Pre-K – 12)	(Postsecondary)	(Postsecondary)
Meeting Room M	Open from 7:00 a.m.		(C) 17. Career Paths Youth	WSCA & Exhibitor Social Networking	(L) 29. ASCA Ethical	(L) 29. ASCA Ethical	(P) 52. Mindfulness
	To 5:00 p.m.		Apprenticeship (Gr. 9 – 12)	Level 4 – Grand Terrace Cash beverage	Standards Intensive Sectional (Pre-K – PS)	Standards Intensive Sectional (Pre-K – PS)	Begins with You (Pre-K – PS)
Meeting Room N	Level 4		(L) 18. Identity of Novice School Counselors	bar & Hors d'oeuvres Raffle Must be present	(L) 30. Student Counseling Org. Share Session	(P) 41. Advocating for Students with Hidden Disabilities	<b>(L)</b> 53. Growing Cultural Competence…
			(Pre-K – PS)	to win	(Postsecondary)	(Pre-K – 12)	(Pre-K – PS)

# Thursday, February 22, 2018

Tracks: (A) Academic, (C) Career/Postsecondary, (L) Leadership/Advocacy, (P) Personal/Social

	7:30 a.m.	8:30 – 9:30 a.m. Sectional 6	9:45 – 10:45 a.m. Sectional 7	11:00 a.m.
Ballroom C	Registration	(C) 54. For All, By All: Generating ACP Buy-In	(P) 66. Black Girl Blues: Strategies to Combat Intra-racial Bullying and Alternatives to Suspension	Army ROTC Brunch
	and Exhibits	(Pre-K – 12)	(Gr. 6 – 12)	Rosalind Wiseman - Keynote
Ballroom D	Open 7:30 a.m. –	(P) 55. Tips, Tricks and Treasures for Tackling Anxiety	(P) 67. What We Wish We'd Known, Sharing Parent Voices	Speaker "Owning UP"
	11:00 a.m.	(Gr. 6– 12)	(Pre-K - 12)	
Hall of Ideas E	Capitol Promenade, Grand Terrace	(P) 56. Cooperative Games that Teach (Pre-K – 5)	(P) 68. Zones of Regulation: Helping Students Recognize Feelings, Independently Problem Solve	Level 1 Hall B
	and Ballroom A		(Pre-K – 5)	
Hall of Ideas F	and B	<ul> <li>(L)</li> <li>57. Parenting is not easy, shouldn't you have to take a test for that?</li> </ul>	(P) 69. Innocence Sold	
		(Pre-K – Postsecondary)	(Gr. 6– 12)	
Hall of Ideas G		(P) 58. How the Nurtured Heart Approach is Trauma Sensitive and Culturally Responsive	(P) 70. Mindfulness for your school (Pre-K – 12)	
Hall of		(Pre-K – 12) (C)	(C)	
Ideas H		59. Career Cruising: Inspire – Connecting Students and Business	71. College Begins in Kindergarten	
		(Gr. 6 – 12)	(Pre-K – 5)	
Hall of Ideas		(L)	(L)	
I		60. ASCA Ethical Considerations for Work with LGBTQ Students	72. School Counseling Leadership ( <b>Pre-K – 12</b> )	
Hall of		(Pre-K – PS) (P)	(A)	
Ideas J		61. Comprehensive Peer Mentoring Program	73. Addressing Academic Stuckness Using Executive Functioning	
		(Gr. 6 – 8)	(Gr. 6 – 12)	
Meeting Room K		<ul><li>(P)</li><li>62. Resilience Can be Taught! 10 Tools to Motivate ANY Student</li></ul>	(P) 74. A Multifaceted Approach to Meeting the Needs of Students with Selective Mutism in Schools	
ĸ		(Pre-K – PS)	(Pre-K – 8)	
Meeting Room L		<ul> <li>(A)</li> <li>63. What is the Recipe for "Blended Learning" in Wisconsin School Districts?</li> </ul>	(C) 75. Dual Credit Academies – A Collaborative Partnership that Works	
		(Pre-K – 12)	(Gr. 9 – 12)	
Meeting Room M		(P) 64. Honest, Open, Proud: Helping young people make decisions about sharing their story of mental health	(P) 76. From Risk-Taking to Risk-Making: encouraging gifted students to step out of their comfort zones	
		(Gr. 6 – 12)	(Gr. 6 – 12)	
Meeting Room N		(C) 65. Army ROTC – Counselor Overview	(C) 77. School Counseling Preparation Program Summit	
		(Gr. 9 – 12)	(Postsecondary)	

# SCHEDULE OF SECTIONAL MEETINGS

# Wednesday, February 21, 2018

WSCA Graduate Course - 7:30 a.m. - Hall of Ideas I

## SECTIONAL 1 – 7:15 – 8:15 a.m.

#### 1. Evidence- Informed Academic and Career Planning (ACP) (Gr. 6-12) Ballroom C

This workshop will focus on evidence-informed academic and career planning. Using research to guide our discussion, school counselors and related staff will learn how to apply evidence-informed research to their ACP program. (Ability Level: Intermediate; Track: Academic)

Presenter(s): Beth Tinsley, M.S.Ed., Research Assistant - Marquette University, Milwaukee, WI; Shannon M. Skaistis, M.S., Research Assistant - Marquette University, Milwaukee, WI; Alan Burkard, Ph.D., Professor, Department Chair; Coordinator of School Counseling - Marquette University, Milwaukee, WI

#### 2. A School Response to Bullying (PreK-12)

45-60 minute presentation for school faculty and administration that covers the following: How to identify bullying behavior vs. kids just playing around Simple, research-based, 5 step approach for all staff to address bullying immediately and consistently Tips on how to interview students involved, witnesses, and how to speak to the parents Guide staff on how and when to share this information with the proper authorites and outside agencies Discuss state mandate for schools to address bullying, and encourage staff to follow policy Discuss case law and give examples of consequences when schools and staff fail to act. (Ability Level: Basic; Track: Personal/Social)

Presenter(s): Jeff Bean, President/Founder - Act on Bullying, Inc., Shorewood, IL

#### 3. Infusing Science into Your Classroom Lessons (Gr. K-8) Hall of Ideas E

We all want our classroom lessons to be fun and engaging but making them memorable is easy when adding science! You will leave with 10-15 lesson plans that include science experiments that are easy and fairly inexpensive to implement. (Ability Level: Basic; Track: Personal/Social)

Presenter(s): Tricia Norby, MAE, MSE, LPC, School Counselor, Therapist – Verona, WI

# 4. Integrating PBIS and SMART Systems in evaluating student engagement. Hall of Ideas F (Gr. 6-8)

The sectional focuses on SMART systems process and integrating PBIS to increase student engagement. Most schools track office discipline referrals for PBIS data. At Lake Shore, we are shifting our lens to track positive behaviors which is the foundation of PBIS. We have revised our PBIS layout by strengthening our Tier 1 using a digital reinforcement system, Tier 2 systems focuses on building student teacher relationships and community building. As part of SMART schools systems we consistently use PSDA (Plan, Do, Study, Act) to evaluate our implementation. (Ability Level: Advanced; Track: Personal/Social)

#### Ballroom D

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Presenter(s): Beula Sundararajan, M.A, Social and Emotional Coach - Sundararajan, New Berlin, WI; William Mansfield, School Counselor - Lake Shore Middle School, Mequon, WI

#### 5. Start Ahead with UW Colleges Online (Gr. 9-12)

#### Hall of Ideas G

Taking college courses while in high school is a great way for students to get ahead. Whether you have 1, 10 or 30 students interested in starting college coursework while in high school, UW Colleges Online is a great option to consider for the convenience and flexibility with a quality UW education. In this session, we will discuss the admission and enrollment process, as well as the support services available to students in online courses, including academic advising. We'll provide information about how you can work with an academic advisor to assist students and parents in choosing courses that align with the students' future academic goals and their Academic and Career Planning process. Finally, hear a faculty perspective on how high school students can be successful in online college courses. (Ability Level: Basic; Track: Career/Post Secondary)

Presenter(s): Katherine (Katie) Seibel, MSE, GCDF, Student Affairs Coordinator - UW Colleges Online, Madison, WI; Kim Lowe, Admission Counselor - UW Colleges, Madison, WI; Alan J. Hackbarth, Ph.D., Assistant Professor of Education - UW Colleges Online, Madison, WI

#### 6. Integrating Online Learning (Gr. 9-12)

Online learning is rapidly becoming more mainstream. Today's technology native high school students are spending an increasing amount of time on devices across all platforms, and the trend is certainly not going to head in reverse anytime soon. It is imperative that we, as educators, remain ahead of the curve and are ready to accept and implement this new wave of learning head on. Educational technology integration is the next frontier. Are you prepared? (Ability Level: Basic; Track: Academic)

Presenter(s): Kyle Henriksen, MSed, Account Executive - Method Test Prep, Plainview, NY

## Opening Session 8:30 a.m. Keynote Speaker – Michele Borba – "Unselfie" Level 1 – Hall B

## SECTIONAL 2 - 10:30 - 11:30 a.m.

#### 7. Teaching DEAR MAN (PreK-5)

Many children with mental health and/or family system challenges struggle with verbal communication, yet adults, caregivers, and professionals all expect them to "tell us how you feel". During this sectional we will explore how to teach children to become comfortable using verbal communication and learn how to identify feelings and use problem solving strategies. (Ability Level: Basic; Track: Personal/Social)

Presenter(s): Karin Beal, M.Ed, MSW, APSW, Coordinator of Behavior Management Services -Rogers Behavioral Health, Oconomowoc, WI

#### Ballroom C

#### Hall of Ideas J

#### 8. University of Wisconsin Colleges and Extension Restructuring (Gr. 9-12) **Ballroom D**

Last October, UW System President Ray Cross proposed integrating UW Colleges with four-year comprehensive and research UW institutions as part of a broader restructuring of UW Colleges and UW-Extension. Get an update on the changes being made. President Cross and others from UW System will also be available to answer your questions. (Ability Level: Basic; Track: Career/Post Secondary)

Presenter(s): Ray Cross, Ph.D, President - University of Wisconsin System, Madison, WI

#### 9. Youth Mental Health First Aid (Gr. 6-12)

Youth Mental Health First Aid USA is an 8 hour public education program which introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge. Mental Health First Aid uses role-playing and simulations to demonstrate how to assess a mental health crisis; select interventions and provide initial help; and connect young people to professional, peer, social, and self-help care. (Ability Level: Basic; Track: Personal/Social)

Erika Spear, MS, School Counseling; Youth Mental Health First Aid Instructor Presenter(s): Certification, School Counselor/Youth Mental Health First Aid Instructor - Almond-Bancroft School District/Youth Mental Health First Aid USA, Wisconsin Rapids, WI; Lisa Schaefer, MS, Education, Personal Coach & Educational Consultant - Shine with Schaefer, Platteville, WI

#### 10. PBIS Universal Screeners (PreK-12)

#### We will outline, explain, and show how our school district has been using emotional/behavioral universal screeners at the elementary, middle, and high school level to gather and analyze student data within our PBIS process. This data helps either confirm that who we are identifying for interventions or supports through other measures is justified, as well as helps identify other students that may have internalizing behaviors that can be further supported. These screeners are beneficial to ALL students, not just smaller populations. (Ability Level: Intermediate; Track: Personal/Social)

Ty Jury, Middle School Counselor - Waunakee School District, Waunakee, WI; Presenter(s): Kristin Meyer, K-12 School Social Worker - Waunakee School District, Waunakee, WI; Brit Doty, Elementary School Counselor - Waunakee School District, WI

#### 11. Recovery from Critical Incidents: Are you and your district ready? Hall of Ideas G (PreK-12)

How confident are you in the readiness of your Student Services Team to respond immediately and effectively to assist students, parents, staff, and community members in constructively dealing with the emotional impact following a crisis event or "critical incident" that could happen on any given day? This sectional will provide participants with a practical written plan to the "Recovery" phase of crisis management, including detailed checklists and meeting agendas. Come and share your experiences, too. (Ability Level: Intermediate; Track: Personal/Social)

Jocelyn M. Hoeper, Elementary School Counselor - Barlow Park Elementary, Presenter(s): Journey Charter School, Markesan, WI

#### Hall of Ideas F

## Hall of Ideas E

#### Hall of Ideas H 12. Makin' Graduation Happen: Academic Success through Portage Prep and Freshmen Transition Programs (Gr. 9-12)

For the past five years, Portage High School has committed staffing and time to work with students at risk of dropping out to help them succeed in school and achieve their high school diploma. It started with credit deficient upperclassmen, and has now expanded to identifying freshmen at risk to address issues before they become overwhelming. Information and ideas will be shared about the transformation of the structure and format of this program over time, and data showing its success! (Ability Level: Intermediate; Track: Academic)

Terry Gilman, MSEd School Counseling, School Counselor - Portage High School, Presenter(s): Portage, WI; Connie Wampler, MS in Differentied Instruction for Alternative Learning, Interventionist/Teacher - Portage High School, Portage, WI

#### 13. Using Breakout boxes for counseling Core Curriculum Lessons (PreK-12) Hall of Ideas I

Are you looking for some new engaging core curriculum lesson delivery? Learn and experience first hand how breakout boxes have students practicing problem solving, communication, and team building skills. (Ability Level: Intermediate; Track: Personal/Social)

Stacy Eslick, MSSW, MSE, Executive Director - WSCA, Oregon, WI Presenter(s):

#### Hall of Ideas J 14. Wisconsin School Counseling Program Accountability Report (WSCPAR) - An Introduction (PreK-12)

Learn how developing a WSCPAR can help you promote your school counseling program and show how students are different because of the school counseling program at your school or schools. This is an introductory session designed for all school counselors who want to learn how to complete a WSCPAR and collect, distinguish (process, perception, and results), and use data. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Todd Hadler, MSE, Elementary School Counselor - Monroe Elementary School, Manitowoc, WI: Kyle Balda, MSE, Middle School Counselor - James Madison Middle School, Appleton, WI; Shannon Schindel, Elementary and Middle School Counselor -Foster Elementary School and Madison Middle School, Appleton, WI

#### 15. The ASCA Model in 30 Minutes (PreK-12)

School Counselors have a working knowledge of the ASCA model that, at times, requires some fine tuning. This session will engage participants in a brief review of the ASCA model. The goal for this section will be to review, remind and demystify the model. Participants will also be provided information on current school counseling programs in Wisconsin, and elsewhere, and how they are using the ASCA model to guide their program. (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Mark Gillen, PhD, professor, Department chair - UW River Falls, River Falls, WI: Sarah Flier, MSE, School Counselor - Hudson School District, Hudson, WI

#### 16. Career Cruising: Course Planner (Gr. 6-12)

Course Planner is fully integrated with the Portfolio / Education Plan, combining students' exploration activities and course selections into one seamless process. An easy-to-read graphical interface

#### Meeting Room K

Meeting Room L

provides students with a simple view of the courses they have completed and planned, as well as those that are still required. Schools can enter an unlimited number of graduation pathways and special certification options. Easy and informative tools within Course Planner streamline conferencing with students and parents, allow for timely messaging, and connect courses available to academic and career planning. (Ability Level: Intermediate; Track: Academic)

Presenter(s): Sue Hall, , Educational Consultant - Xello, formerly Career Cruising, Fort Atkinson, WI; Xello Team Members, formerly Career Cruising, Toronto, ON

## 17. Supporting Career Paths through Youth Apprenticeship (Gr. 9-12) Meeting Room M

Youth Apprenticeship funding in Wisconsin has doubled in the last 3 years, now providing opportunities to over 4000 WI students annually. Students in the State can explore 11 different career pathways to get a jumpstart on their college and career goals. This session will provide an overview of the program and its connections to ACP objectives. Students in the program have a more focused approach to successfully navigate higher education, workforce and/or apprenticeships as they have a deeper knowledge of career expectations and have developed a support network in a cluster of their choice. The YA program has also supported schools on their journey to build effective partnerships with the local business community. (Ability Level: Basic; Track: Career/Post Secondary)

Presenter(s): Tania Kilpatrick, MSE, Director, Career and Technical Education - CESA 6, Oshkosh, WI; Josh Fassl, Director, Dane County School Consortium - Dane County -Workforce Development Board, Monona, WI

#### 18. Exploring the Evolving Professional Identity of Novice School Counselors (PreK-Postsecondary)

Meeting Room N

Over the decades, school counselors have experienced difficulty establishing a solid professional identity due to role ambiguity and policy decision-making. A solid professional identity supports advocacy for clients and the profession, increases inter-professional collaboration (Alves & Gazzola, 2011) and reduces role ambiguity. Using findings from current research, this presentation will provide opportunity to discuss how the professional identity of novice school counselors transitioning from other helping professions develops through the support they receive and the challenges they experience. (Ability Level: Advanced; Track: Leadership/Advocacy)

Presenter(s): Olamojiba Bamgbose, IL-LPC, IL-PEL, NCC, Ph.D, Dr - UW-Whitwater, Whitewater, WI

## WSCA Members' Focus Group: Lunch-Time Listening Session

## 12:00 – 12:45 p.m.

## Ballroom C

We want to hear from you! Help us continue to learn about the issues that school counselors are experiencing across the entire state. Bring your lunch and join the conversation with the WSCA Board to share your day-to-day experiences as a school counselor. The Board wants to make sure that ALL counselors are represented – so let your voice be heard!

#### 19. **Teaching Problem Solving and Conflict Resolution (PreK-5) Ballroom C**

This program will be able to assist participants in teaching youth how to solve problems and regulate emotions. As a result, the participants and the program will experience improved communication between youth and care workers with a decrease in arguments and power struggles. Participants will walk away with ideas to address the conflicts in their setting by managing their own stress level and the stress among the youth. Participants will learn about the stress and conflict cycles while considering how emotions, thoughts, and behaviors contribute to the arguments and/or escalation. We will identify replacement behaviors and alternatives while teaching and supporting children to manage emotions, communicate effectively, and develop solutions. (Ability Level: Basic; Track: Personal/Social)

#### 20. Breaking Down Barriers - Promoting Understanding & Acceptance in Ballroom D Your Schools (Gr. 9-12)

Participants will experience our three day program that covers school violence, bullying and very personal discussions that help 9th grade students break down the barriers that exist within their class. We will both show the experience with the attendees, and talk through each segment of our program, so the program could be taken back to any school and be implemented. (Ability Level: Advanced; Track: Personal/Social)

Presenter(s): Jill Werner, MSE Counseling Education K-12, School Counselor - Waukesha North High School, Waukesha, WI; Heidi Stigler, Counselor - Waukesha North High School, Waukesha, WI; Whitney Domres, Counselor - Waukesha North High School, Waukesha, WI

#### 21. Disordered Eating, Body Image and Self Esteem (Gr. 6-12) Hall of Ideas E

Everyone struggles with their body and establishing their sense of self, especially during adolescence. As supports for students, it's crucial we understand the impact of the pressures they are facing on their identity and get comfortable talking about these concerns more directly/openly. The goal of the presentation is to create an open dialogue, share resources, and expand our network of connectivity in Wisconsin to support young people during such a difficult time of transition. (Ability Level: Intermediate; Track: Personal/Social)

Kyira Hauer, SAC-IT; LPC-IT, Therapist - Edelweiss Behavioral Health; Kinda Presenter(s): Kreative, LLC, Middleton, WI

#### 22. Student Led Junior Conferences (Gr. 9-12)

Participants will learn about the New Berlin School District Student Led Junior Conference. From the development of pre-conference advisory lessons through student led discussion of Academic Career Planning (ACP) goals and development of action plan. Student Led Junior Conferences are a component of New Berlin School District's College Career Readiness (CCR) graduate benchmarks. (Ability Level: Intermediate; Track: Career/Postsecondary)

Presenter(s): Tammi Fure, School Counselor - New Berlin West Middle/High School, New Berlin,

#### Hall of Ideas F

Karin Beal, M.Ed, MSW, APSW, Coordinator of Behavior Management Services -Presenter(s): Rogers Behavioral Health, Oconomowoc, WI

WI; Kate Landry, School Counselor - New Berlin West Middle/High School, New Berlin, WI; Kathy Weeks-Douglas, School Counselor - New Berlin West Middle/High School, New Berlin, WI; Greg DePue, Assistant Principal - New Berlin West Middle/High School, New Berlin, WI

# 23. Developing a homegrown, principle based, character education program (PreK-5)

#### Hall of Ideas G

Character education initiatives are truly successful when they not only inhabit the counseling curriculum but the entire school's culture. Greenwood Elementary School is a National School of Character, hear from Principal Nate Schurman and School Counselor Emily Rose on how they developed a homegrown, principle based character education program. From researching and gaining buy-in, to sustaining a current program, this sectional will provide tools, inspiration and practical ideas on how to keep your school focused on creating a culture of character. (Ability Level: Basic; Track: Personal/Social)

Presenter(s): Emily Rose, MSE, School Counselor - Greenwood Elementary School, River Falls, WI; Nate Schurman, Ph.D, Administrator - Greenwood Elementary School, River Falls, WI

## 24. What Parents Need To Know: 1-2-7 (PreK-12)

#### Hall of Ideas H

How many careers require four years of post-secondary education? Does "higher" education mean "hire" education? What do your students really know about career pathways? Are they career ready? See current college completion, job outlook/placement and wages data. Learn creative ways to develop business/industry partnerships to build that all-important academic-career relevance in the classroom. Close with strategies discussion. (Ability Level: Intermediate; Track: Career/Post Secondary)

Presenter(s): Steven Coyle, Ed.D., National Director Counselor/Academic Relations - Universal Technical Institute, Scottsdale, AZ

# 25. Partnering with Families to Enhance Your School's Implementation of Hall of Ideas I a Culturally Responsive Multi-Level System of Support (PreK-12)

Presenters will provide research about the importance of Family Engagement. Theoretical underpinnings and conceptual frameworks that drive family engagement research will be described. Then, findings from family engagement research will be presented to identify the important role families have in supporting their children and improve implementation of a Culturally Responsive Multi-Level System of Supports. This presentation will also highlight how schools can Embrace, Engage, and Empower families to improve student learning and outcomes. (Ability Level: Intermediate; Track: Personal/Social)

Presenter(s): Dan Seaman, Ed.S, NCSP, Regional Technical Assistance Coordinator - Wisconsin Rtl Center, De Pere, WI; Michelle Belnavis, Culturally Responsive Practices Technical Assistance Coordinator - Wisconsin Rtl Center, De Pere, WI; Sara Summ, Regional Technical Assistance Coordinator - Wisconsin Rtl Center, De Pere, WI

## 26. Hot Topics in UW System Admission Offices (PreK-12)

## Hall of Ideas J

This session will be a valuable opportunity to learn more about the UW System campuses and promote your students' success. Representatives for UW campuses will discuss updates from their campuses including new programs and opportunities for students. Time will be allowed for questions and answers. (Ability Level: Intermediate; Track: Career/Post Secondary)

Presenter(s): Nichole Knutson, Digital Communications Specialist - UW HELP, Madison, WI

#### 27. It's RAMP Time: Why and How (PreK-Postsecondary)

Examine the benefits of applying for RAMP status and demonstrate to stakeholders that you're committed to delivering a comprehensive, data-driven school counseling program. The workshop reviews the Recognized ASCA Model Program (RAMP) designation from the American School Counselor Association and provides tips and resources for the RAMP. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Mark Kuranz, Master in School Counseling, Adjunct Professor, ASCA Model/RAMP Trainer - Marquette University, Racine, WI

#### 28. Forget the Miracle Question: How to Think Like a Solution Focused Meeting Room L Counselor (PreK-12)

The focus of this presentation is to assist those familiar with SFC but interested in brushing up on their training, or going beyond the miracle question with their clients. Bring your client questions and concerns to this open discussion forum. (Ability Level: Intermediate; Track: Personal/Social)

Presenter(s): Mark Gillen, PhD, Department Chair, Professor - UW River Falls, River Falls, WI

#### 29. ASCA Ethical Standards: Interpretation and Application Meeting Room M (PreK-Postsecondary)

#### INTENSIVE SECTIONAL – 1:00 – 3:00 P.M.

The 2016 ASCA Ethical Standards includes substantial additions in role clarification and best ethical practices, as well as, new standards to address data-informed programs, underserved students, bullying and digit citizenship. Paired with ASCA position statements, this updated set of ethical standards gives school counselor professionals language to advocate for our role in schools to meet the needs of all students academic, career and social-emotional development. Finally, the recommended decision-making process to resolve ethical dilemmas now incorporates the examination of ethical principals. (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Carrie King, Ph.D., LPC, NCC, Counseling Department Chair; School Counseling Program Director - Mount Mary University, Milwaukee, WI; Kari Erickson, School Counselor - Hartford Union High School, Milwaukee, WI

#### 30. Student Counseling Organization Share-Session (Postsecondary) Meeting Room N

Stout will facilitate a sharing session for grad students who belong to student organizations at the university level. Bring your ideas to share ways to boost membership, creative fundraising, meeting topics, advocacy for the profession and community service projects. We will share and then type the ideas up and email out to participants. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Carol Johnson, Ph. D., Associate Professor - UW-Stout, Menomonie, WI; Jessica Baumann, Grad Student - UW-Stout, Menomonie, WI; Katie Quinn, Grad Student -UW-Stout, Menomonie, WI; Katrina Raskie, Grad Student - UW-Stout, WI; Kelsey Aleckson, Grad Student - UW-Stout, Menomonie, WI

#### Meeting Room K

#### 31. Sensory Integration and Trauma (PreK-5)

#### Ballroom C

Hall of Ideas F

Children with sensory challenges who have experienced trauma struggle to be in their own bodies. The additional stressor of the classroom environment to an already taxed nervous system often leads to behavior and Personal/Social challenges. Participants will learn how to teach kids to access tools so that they can be present in the classroom from a sensory perspective. (Ability Level: Intermediate; Track: Personal/Social)

Presenter(s): Sarah Peters, MS, OTR/L, Occupational Therapist - Healing Hearts Family Counseling, Sun Prairie, WI

#### 32. Where are we at now? Continuing to Support Transgender Ballroom D and Nonbinary Students (PreK-12)

With Department of Education guidance both issued and rescinded in recent years, schools have been left wondering what they can and can't do when it comes to supporting transgender and nonbinary students. This workshop led by GSAFE staff takes a look at the current legal landscape, introduces a gender inclusive schools framework with multiple entry points for both individual and systemic change, and provides space for you to bring your current questions, challenges, and opportunities. (Ability Level: Intermediate; Track: Personal/Social)

Presenter(s): Brian Juchems, BA and 20+ years of experience and state leadership in this area :), Senior Director of Education and Policy - GSAFE, MADISON, WI; Sawyer Johnson, Trans Justice Youth Organizer - GSAFE, Madison, WI

#### 33. Fifty Shades of Gray: Ethical Dilemmas in the College Admission Hall of Ideas E Process (Gr. 9-12)

The college admission process is not always as black and white or as straightforward as we might like it to be. There can be lots and lots of gray! Join members of the WACAC board for an update on the Code of Ethics and Professional Practices expected of school and college counselors engaged in guiding students to post secondary education. Bring your ethical thinking hats for an interactive session reviewing and discussing real cases that have been sent to our associations for review. (Ability Level: Basic; Track: Career/Post Secondary)

Presenter(s): Jennifer Machacek, Vice President for Enrollment – Ripon College, Ripon, WI; Perry Robinson, Associate Director of College Guidance – University School of Milwaukee, Milwaukee, WI

#### 34. Social Media: What do Parents Need to Know? (PreK-12)

Social media apps like Instagram, Snapchat and many more have become more and more popular among students, even into elementary school. Parents and school staff are finding it difficult to navigate the world of social media and prevalent electronic accessibility. In this session, attendees will learn what is #trending in the world of social media and how to teach students and parents how to monitor use and keep students safe. (Ability Level: Basic; Track: Personal/Social)

Presenter(s): Kristen Lauda, M.A., LPC, School Counselor - Shady Lane Elementary, Menomonee Falls, WI

#### 35. District Wide Crisis Response (PreK-12)

Somerset School District Mental Health Team have created this document to provide for the well-being of students, staff and community during and after a crisis. In today's society, educators are continually faced with situations that can cause education to come to a complete standstill. When an individual dies, whether from an accident, suicide, or violence, the school community is left in turmoil. It is important to be prepared to meet the needs of all individuals when this happens. This presentation will allow you to see what a crisis response manual could look like and have conversations of how it is used during a need for response. This presentation will give you hands on materials, templates, and resources for you to have readily available. We will also provide opportunities for practice and collaboration using these resources. This handbook is a collection of materials and suggestions, adopted in part from the Missouri School Counseling Association, the American Foundation for Suicide Prevention-After a Suicide Toolkit, National Association of School Psychologist-PREPaRE training. (Ability Level: Basic; Track: Personal/Social)

Presenter(s): Katie Francis, School Counselor; Kate Rorabeck, School Counselor; Amy Young, School Counselor; Jenna Evenson, School Counselor; Jessie Thorson, School Psychologist; Bobby Hurt, School Counselor; Julie Fretz, School Counselor -Somerset School District, Somerset, WI

#### 36. Become a Change Agent for Improved Health and Academic Performance: Hall of Ideas H Innovate and Inspire with Online Health Education (PreK-8)

This session will focus on online health education curriculum from Children's Hospital of Wisconsin, a nationally recognized pediatric institution. Session includes an overview of four program tracks: Bullying Prevention; Health and Wellness; Alcohol, Tobacco and Other Drugs Prevention; and Safety and Injury Prevention. A panel discussion consisting of counselors from urban, suburban and rural school districts will highlight how these programs engage diverse audiences. Session will culminate with proven outcomes presented by an evaluation expert. (Ability Level: Intermediate; Track: Personal/Social)

Presenter(s): Clay Anton, M.Ed, e-Learning Representative - Children's Hospital of Wisconsin, Milwaukee, WI; Dr. Amanda Desua M.A. Ed., Ed.D NBCT, Elementary School Counselor - Waukesha School District, Waukesha, WI; Kirsten Margitan, Professional School Counselor - School District of Three Lakes, Three Lakes, WI; Rachelle Nisleit, School Counselor - Burdick School (Milwaukee Public Schools), WI

## 37. New Twists on Conferencing: Moving to a Seminar Model (Gr. 9-12) Hall of Ideas I

In order to meet the needs of the increasing student population, we are moving to freshman and junior seminar presentations, with the opportunity for individual meetings as needed. In addition, we have implemented new technologies to make time management easier. (Ability Level: Basic; Track: Career/Post Secondary)

Presenter(s): Jackie Guenther, Master's of Arts in Counseling (MAC), Professional School Counselor - McFarland High School, McFarland, WI; Janice Gerlach, Professional School Counselor - McFarland High School, McFarland, WI; Colby Shoemaker, Professional School Counselor - McFarland High School, McFarland, WI

#### 38. SPOs, PPGs and D-A-T-A (PreK-12)

#### Hall of Ideas J

Does DATA sound like a four letter word to you? Do you duck when your principal throws SPOs and

PPGs in your direction? Then come to this session to be ready to catch a high quality SPO and toss around a few artifacts to support your program. (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Mindy Willard, MA, School Counseling and Transitions Coordinator - Madison Metropolitian School District, Madison, WI; Stacey Miller, Ed.S, LPC, School Counselor - Sun Prairie School District, Sun Prairie, WI

# 39. Use of assessments and screeners in a school setting, a facilitated Meeting Room K panel discussion (PreK-12)

With the increased use of assessments and screeners being utilized in schools come join us for a panel and interactive audience discussion about the ethical as well as practical issues of using screeners and assessments in schools. (Ability Level: Intermediate; Track: Personal/Social)

Presenter(s): Stacy Eslick, MSSW, MSE, Executive Director - WSCA, Oregon, WI; Chris Foreman, MSSW, Liaison - National Child Traumatic Stress Network, Edgerton, WI; Gregg Curtis, School Counseling Consultant - DPI

#### 40. Graduate Student Panel: The Interview & Hiring Process (Postsecondary) Meeting Room L

In this sectional, graduate students will have the opportunity to hear from five different panelist from across the state regarding the interview and hiring process for School Counselors. The panel committee will include a elementary, middle, and high school counselor as well as a principal. The panelists will be asked a series of predetermined questions related to their experiences on the interviewing and hiring process. Towards the end of the sectional, there will be an opportunity for the audience to ask questions. (Ability Level: Basic; Track: Career/Post Secondary)

Presenter(s): Morgan Strong, Graduate Student Committee Co-Coordinator - WSCA, UW-Oshkosk, Oshkosh, WI; Holly Kortemeier, Graduate Student Committee Co-Coordinator – UW-Whitewater, WI

# 29. ASCA Ethical Standards: Interpretation and Application Meeting Room M (PreK-Postsecondary)

# INTENSIVE SECTIONAL – 1:00 – 3:00 P.M.

\*\*Continuation of Intensive Sectional #29 which began at 1:00 P.M. \*\*

The 2016 ASCA Ethical Standards includes substantial additions in role clarification and best ethical practices, as well as, new standards to address data-informed programs, underserved students, bullying and digit citizenship. Paired with ASCA position statements, this updated set of ethical standards gives school counselor professionals language to advocate for our role in schools to meet the needs of all students academic, career and social-emotional development. Finally, the recommended decision-making process to resolve ethical dilemmas now incorporates the examination of ethical principals. (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Carrie King, Ph.D., LPC, NCC, Counseling Department Chair; School Counseling Program Director - Mount Mary University, Milwaukee, WI; Kari Erickson, School Counselor - Hartford Union High School, Milwaukee, WI What are hidden disabilities? Students in your school may have chronic fatigue, migraines, depression or anxiety, perfectionism or seizures--all examples of invisible disabilities. Teachers may assume students are lazy, faking it, not trying or even lying and these students need an advocate. Join us to learn about the perceptions and hear from three students willing to share their experiences with hidden disabilities and what they wish school counselors knew. (Ability Level: Intermediate; Track: Personal/Social)

Presenter(s): Carol Johnson, Licensed School Counselor, Associate Professor, Ph.D, School Counselor Educator - UW-Stout, Menomonie, WI; Rachel Pollock, Grad Student -UW-Stout, Menomonie, WI; Abbie Pospychala, Grad Student - UW-Stout, Menomonie, WI; Brandy Kopa, Grad Student - UW-Stout, WI

## Nutrition Break 3:30 – 4:00 Level 4 – Grand Terrace

## SECTIONAL 5 - 4:00 - 5:00 p.m.

#### 42. Practical Application of Mindsets... to Your Existing School Counseling Ballroom C Program. (PreK-Postsecondary)

The "ASCA Mindsets & Behaviors for Student Success: K-12 College- and Career-Readiness Standards for Every Student" describe the knowledge, skills and attitudes students need to achieve academic success, college and career readiness and Personal/Social development. The standards address students at all grade levels, and the competencies bridge the Mindsets & Behaviors standards with academic core curriculum at specific grade levels. Attend this session to learn more about the competencies, the competency database and to develop strategies to transition from "traditional" standards to the Mindsets and Behaviors. (Ability Level: Basic; Track: Academic)

Presenter(s): Mark Kuranz, Master in School Counseling, Adjunct Professor, ASCA Model/RAMP Trainer - Marquette University, Racine, WI

#### 43. Skills Training for Emotional Problem Solving (DBT) as Tier 1 Mental Ballroom D Health Education (Gr. 6-8)

At Edgerton Middle School, we have instituted universal Tier 1 mental health education in the classroom using the STEPS-A curriculum (Skills Training for Emotional Problem Solving - Adolescents) from Mazza, Dexter-Mazza, et al. This sectional will review how we set up the program and the main concepts we are teaching and then reinforcing throughout the school. (Ability Level: Intermediate; Track: Personal/Social)

Presenter(s): Susan Running, MS in Counselor Education, School Counselor - Edgerton Middle School, Edgerton, WI

#### 44. Beating the Early Application Rush; Partnering with Post-Secondary Hall of Ideas E Institutions to Lighten the Load for the College Application Process (Gr. 9-12)

As the early application rush seems to begin earlier each year, school counselors are bombarded with beginning of school year workload in addition to preparing seniors college applications. Learn how one school counselor partnered with a University of Wisconsin-Madison's Admission professional to offer a comprehensive college application session to support seniors in completing the UW System and Common Application during two summer workdays. Participants will take away a framework for a college application 'bootcamp' to help incoming seniors complete the process prior to their school year. (Ability Level: Intermediate; Track: Career/Post Secondary)

Presenter(s): Christine Voice, , School Counselor - Kohler High School, Kohler, WI; Mark Swenson, Alumni Relations Manager - University of Wisconsin-Madison, Madison, WI

# 45. Classroom Level PBIS: Engaging all Learners for Equitable Outcomes Hall of Ideas F (PreK-8)

As leaders in PBIS efforts, school counselors must ensure classrooms are engaging places where all kids learn. This sectional focuses on how to integrate classroom-level interventions and supports into the PBIS universal system. With the correct tools, school counselors can teach school staff Personal/Social and instructional strategies that lead to equitable outcomes. The presenters will share concrete examples, including teacher self-evaluations, opportunities to respond, SEL strategies (e.g., morning meeting), and equitable practices. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Jennifer Betters-Bubon, Ph.D., M.S., M.Ed, Associate Professor - University of Wisconsin-Whitewater, Stoughton, WI; Avery Kansteiner, M.S., LPC, School Counselor - Sugar Creek Elementary School, Verona, WI

#### 46. Effective Use of Play Therapy (PreK-5)

#### Hall of Ideas G

We will focus on techniques for nurturing children by taking conference participants on a healing path of resilience through the creative use of play therapy. These play-based interventions are designed to develop resiliency and increase communication when working with children individually. We will be exploring mindfulness strategies and play based interventions. Come play and learn in a nonjudgmental space to help children succeed in school. There will be lecture, discussion, and play. (Ability Level: Basic; Track: Personal/Social)

Presenter(s): Karin Beal, M.Ed., MSW, APSW, Coordinator of Behavior Management Services -Rogers Behavioral Health, Oconomowoc, WI

#### 47. 6 Degrees: Leaving a Lasting Impact (Gr. 6-8)

#### Hall of Ideas H

6 Degrees of Separation (6 Degrees) is a social improvisational acting troupe composed of 6-8th grade students from Longfellow and La Crosse Design Institute (LDI) Middle School. The purpose of this group is to bring the issues of the everyday middle school student to life through short skits on topics such as bullying, anger control. divorce, drug use, exclusion, diversity, etc. When the skits are completed the audience members are invited to dialogue with the members as to why his/her character acted as they did. The members answer them in character. The 6 Degree members are then taken out of character and dialogue with the audience resumes- this time in an effort to come up with possible solutions or at least a greater understanding of the middle school students' perspective on growing up in the 21st Century. (Ability Level: Intermediate; Track: Personal/Social)

Presenter(s): Dr. Penny A. Reedy, Pd.D, Principal - School District of La Crosse, La Crosse, WI; Dr. Maggie McHugh, Teacher/Advisor La Crosse Design Institute (LDI) - School District of La Crosse/Longfellow/LDI Middle School, La Crosse, WI; Ms. Jill Emerich, Reading Specialist - School District of La Crosse/ Longfellow/LDI Middle, La Crosse, WI

#### 48. I can do THAT at a Technical College?! (Gr. 6-12)

#### Hall of Ideas I

Degrees from a technical college are ATTAINABLE, TRANSFERABLE, AFFORDABLE, and lead students to be EMPLOYABLE. These are more than just buzzwords; they are facts about earning a technical college education. Learn about the variety of opportunities students have when pursuing their education through one of Wisconsin's 16 Technical Colleges by getting your hands on some of today's cutting-edge technology and equipment used in the classroom. See you there! (Ability Level: Intermediate; Track: Career/Post Secondary)

Presenter(s): Kevin Vosters, MBA, Admissions Specialist - Fox Valley Techncial College, Appleton, WI

#### 49. Post-Secondary Education with a Disability: What to Know (Gr. 9-12) Hall of Ideas J

We will be discussing students with disabilities' transition to post-secondary education. Topics will include: documentation, differences in services, preparation and helpful tips. (Ability Level: Basic; Track: Career/Post Secondary)

Presenter(s): Betsy Brandt, M.S. Counseling, School Counseling Certificate, Disability Services Coordinator - UW-Whitewater, Whitewater, WI; Claire DuCharme, CRC, LPC, Disability Services Coordinator - UW-Whitewater, Whitewater, WI

#### 50. State of the State in School Counseling (PreK-Postsecondary) Meeting Room K

Join the WSCA Executive Director, WSCA Board of Directors Chairperson, and the Department of Public Instruction (DPI) School Counseling Consultant, to learn about the state of school counseling. 12 Learn more about the implementation of the ASCA model in Wisconsin, Reach Higher Wisconsin, School Counselors as Leaders, DPI Suicide Prevention programs, ACP and teacher licensing/educator effectiveness. We will also cover any new initiatives at ASCA or nationally, such as ASCA ethical updates and national Social Emotional Learning standards and other education issues as they may pertain to school counselors. Come and see what Stacy, Olin and Gregg have to share. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Stacy Eslick, MSSW, MSE, Executive Director - WSCA, Oregon, WI; Gregg Curtis, School Counseling Consultant – DPI; Olin Morrison, WSCA Board of Directors Chair

#### 51. Future Employment for Grad Students: Mock Interviews & Networking (Postsecondary) Meeting Room L

Graduate students will have an opportunity to practice interviewing with administrators, current school counselors, and other professionals working in the field of education to better hone their interviewing skills. Interviewing strategies, professional advice, and other helpful suggestions will be provided. Networking activities will be available so that graduate students can connect with their future colleagues. (Ability Level: Basic; Track: Career/Post Secondary)

Presenter(s): Holly Kortemeier, Graduate Student Committee Co-Coordinator - WSCA, UW-Whitewater, Whitewater, WI; Morgan Strong, Graduate Student Committee Co-Coordinator - WSCA, UW-Oshkosh, Oshkosh, WI

#### 52. Mindfulness Begins with You (PreK-Postsecondary)

Meeting Room M

So you've been to a workshop on mindfulness. It fit well with you and you want to bring this to your school. But you have lots of questions: How can I implement mindfulness in my school counseling practice? How do I get other staff in my building to support mindfulness? How can I get administration on board? If you asked any of these questions at the workshop you attended, the presenter likely said, "It starts with you." To teach mindfulness you need to be practicing mindfulness. Come to this session to experience mindful practices personally. (Ability Level: Basic; Track: Personal/Social)

Presenter(s): Carol L Zabel, MS, Educational Consultant - Wisconsin Safe and Healthy Schools Center, Chippewa Falls, WI; Jackie Schoening, Central Regional Coordinator -Wisconsin Safe Healthy Schools Coordinator, Oshkosh, WI; Christine Kleiman, Eastern Regional Coordinator - Wisconsin Safe and Healthy Schools Center, Green Bay, WI

#### 53. Growing Cultural Competency for School Counselors (PreK-Postsecondary)

## Meeting Room N

School Counselors are leaders in social justice and advocacy for all of our students. As our awareness continues to grow of the complexities of difference within our schools, it is imperative that we do our own work to be able to best support all students. We will offer insights, ideas and resources about how to open your own aperture of understanding difference. The conversation will also reflect on why this is such an important 21st century skill for professional school counselors. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Carri Hale, MS, Professional School Counselor - Verona Area High School, Verona, WI; Shawn Harris, MS, Professional School Counselor - Verona Area High School, Verona, WI

Afterglow Reception 5:00 – 6:15 Level 4 – Grand Terrace WSCA & Exhibitor Social Networking Cash beverage bar & Hors d'oeuvres Raffle: must be present to win

# Thursday, February 22, 2018

SECTIONAL 6 – 8:30 – 9:30 a.m.

## 54. For All, By All: Generating ACP Buy-In (PreK-12)

#### Ballroom C

In order for ACP to expand into a comprehensive, effective, and sustainable system, everyone must join the journey. Learn multiple methods to engage critical stakeholders in your program, including administrators, board members, staff, parents, and students. In our crazy world, sometimes it is the little things that generate the buy-in we need for ACP to be successful. Leave with easy-to-implement ideas and resources that can be used tomorrow and beyond. (Ability Level: Basic; Track: Career/Post

Presenter(s): Adriana Plach, Masters of Educational Psychology, ACP Coordinator - Pewaukee School District, Pewaukee, WI

#### 55. Tips, Tricks, and Treasures For Tackling Anxiety (PreK-5) Ballroom D

Join us as we share our combined 40 + years of school counseling experience! It's the little things that sometimes make the biggest impact. We will share tips, tricks, and resources that have helped us help students dealing with anxiety. Programs and curriculum will not be the focus, but rather the gems we've discovered for teaching students strategies for dealing with anxiety. We will also learn from each other as participants will have an opportunity to share out on the treasures they've discovered and collected. Come join us as we share our tips, tricks, and treasures! (Ability Level: Intermediate; Track: Personal/Social)

Presenter(s): Andrea Donegan, M.S., NBCT, Intermediate School Counselor, Burlington, WI; Jennifer Holle, M.E., B.A., Elementary School Counselor, Burlington, WI

#### 56. Cooperative Games That Teach (PreK-5)

# This program will be able to assist participants develop fun and creative activities that will promote communication skills, social skills, building friendships, and problem-solving. As a result, the participants and the program will experience great fun and excitement. Professionals will walk away with new "paths" that will assist them is developing their own creative twists to activities they already have in their "bag of tricks". In addition, participants will learn new games that require few or no props which can be used to teach cooperation, communication, leadership, and creativity. (Ability Level: Basic; Track: Personal/Social)

Presenter(s): Karin Beal, M.Ed, MSW, APSW, Coordinator of Behavior Management Services -Rogers Behavioral Health, Oconomowoc, WI

# 57. Parenting is not easy, shouldn't you have to take a test for that? Hall of Ideas F (PreK-Postsecondary)

Counselors and teachers work for many years getting their education and learning their craft. This sets one up for success in dealing with the children. Working with the child can be the easy part. Working and engaging parents can be the most difficult thing in many schools. This presentation will look at different ways to get your parents involved in the transformation of the student. (Ability Level: Intermediate; Track: Leadership/Advocacy)

Presenter(s): Jarret Patton, MD, Pediatrician - Doctor Jarret P LLC, Reading, PA

#### 58. How the Nurtured Heart Approach is Trauma Sensitive and Culturally Hall of Ideas G Responsive (PreK-12)

This sectional is designed to give an overview of the three stands of the Nurtured Heart Approach, which has tremendous impact on building inner strength and self-esteem in all children, and especially in children and students who display intense behaviors. This sectional will also make direct correlations to trauma sensitive and culturally responsive practices. This sectional will deliver techniques that can be used with students at all grade levels. (Ability Level: Basic; Track: Personal/Social)

#### Hall of Ideas E

#### 59. Career Cruising: Inspire--Connecting Students and Business (Gr. 6-12) Hall of Ideas H

Inspire is a component within Career Cruising which connects students and educators with local and regional businesses and community organizations. With the need to keep talent within Wisconsin to keep our communities and schools healthy, the relationship between education and business is more important than ever. Inspire brings academic and career planning to the local level, encompassing career coaches, local company profiles, and work-based learning opportunities. Best practices with an active Inspire deployment will be shared. (Ability Level: Intermediate; Track: Career/Post Secondary)

Presenter(s): Sue Hall, , Education Consultant - Xello, formerly Career Cruising, Fort Atkinson, WI; Active Inspire Deployment representative, Inspire economic development lead -Inspire Madison Region

#### 60. ASCA Ethical Considerations for Work with LGBTQ Students Hall of Ideas I (PreK-Postsecondary)

This presentation will focus on sections of the 2016 ASCA Ethical Standards for School Counselors that speak to working with LGBTQ populations. Specifically, participants will gain knowledge of and practice applying ethical standards to case studies. Participants will leave with evidence-based ideas for working with LGBTQ students. (Ability Level: Basic; Track: Leadership/Advocacy)

Presenter(s): Caroline Baker, Ph.D., Associate Professor - UWRF, River Falls, WI; Brittany Llewellyn, Graduate Student - UWRF, River Falls, WI

#### 61. Comprehensive Peer Mentoring Program (Gr. 6-8)

#### Hall of Ideas J

A comprehensive peer mentoring program that utilizes restorative justice, peer mentoring, psychology of persuasion and culturally relevant practices. The mentoring program is able to target the top 7% of students who are considered At-risk in the middle school setting because of low GPA to numerous referrals. Our 8th grade mentors were able to finish 2nd semester with a GPA on average of 3.20 after participating in our mentoring program as compared to their GPA at the end of 7th grade which yielded an average GPA of 2.30. Loyola University completed a statistical analysis of our program and our effect size on mentors was .84. (Ability Level: Intermediate; Track: Personal/Social)

Presenter(s): Miguel A. Salinas, Nationally Certified School Psychologist/Certified Bilingual School Psychologist, Behavior Specialist, Bolingbrook, IL

#### 62. Resilience Can Be Taught! 10 Tools to Motivate ANY Student Meeting Room K (PreK-Postsecondary)

Discover 10 tools to help you foster resilience in even the most unmotivated students. Once you understand them, you won't go another day without using them! Whether you work with students in one-on-one, small group, or classroom settings, you'll gain the skills you need to deliver the life-changing power of resilience to students of any background and learning style. (Ability Level: Basic; Track: Personal/Social)

Presenter(s): Christian Moore, MsW, LCSW, Founder - WhyTry Organization, Provo, UT

#### 63. What is the Recipe for "Blended Learning" in Wisconsin School Districts? Meeting Room L

## (PreK-12)

Join the Wisconsin Digital Learning Collaborative, a partnership between Wisconsin Department of Public Instruction (DPI), Wisconsin eSchool Network (WEN), and Wisconsin Virtual School/CESA 9 (WVS) in this "recipe sharing" session on blended learning. What are the "ingredients" needed for blended learning for students and teachers in your district? What variations of the "recipe" are available? How do you know you have "cooked" up a successful menu for personalizing student learning? Sharing how other "executive chefs" (school districts) and their "sou chefs" (teachers and program leaders) have started with basic recipes and are now "blending" learning for their students will be the focus of this session. (Ability Level: Basic; Track: Academic)

Presenter(s): Michele Nickels, , Director Wisconsin Virtual School - Wisconsin Virtual School/Wisconsin Digital Learning Collaborative, Tomahawk, WI

# 64. Honest, Open, Proud: Helping young people make decisions about Meeting Room M sharing their story of mental health challenges and recovery (Gr. 6-12)

Honest, Open, Proud is a small group program for youth and young adults. Youth with mental health challenges face decisions everyday about what to say to friends, extended family, teachers, and others about what they have experienced. In the program, youth explore the story they have been telling themselves about their challenges and resilience. They practice skills to reverse hurtful self-talk and then take a deep look at the costs and benefits of talking to others in the various settings of their lives. This is an evidence-based program and works well in the school setting or in community, youth-serving settings. (Ability Level: Basic; Track: Personal/Social)

Presenter(s): Sarah J. Reed, PhD, Honest, Open, Proud Program Lead - Rogers InHealth, Brown Deer, WI

#### 65. Army ROTC - Counselor Overview (Gr. 9-12)

#### Meeting Room N

Present a detailed review Army ROTC, to include no-obligation opportunities for all college students, ROTC curriculum, scholarships & their associated service obligations, training, the high school scholarship program, and a Q&A session. (Ability Level: Intermediate; Track: Career/Post Secondary)

Presenter(s): Jared Siverling, , Scholarship & Enrollment Officer - Army ROTC, Menomonie, WI; Nathan Rudebusch, Mr. - UW-La Crosse Army ROTC, La Crosse, WI

## SECTIONAL 7 – 9:45 – 10:45 a.m.

# 66. Black Girl Blues: Strategies to Combat Intra-racial Bullying and Alternatives to Suspension (Gr. 6-12)

Ballroom C

Black Girl Blues takes a historical look at the malaise that surrounds black girls and seeks to unpack the disparity in suspension numbers and reports of relational aggression that we see across the country. In addition to looking backward we examine real world scenarios with regard to how to combat this issue and provide alternatives to suspension for issues of relational aggression. The goal of this workshop is to present alternatives to discipline while exercising cultural competence (Ability Level: Intermediate; Track: Personal/Social) Presenter(s): Carolyn R Strong, MAT, MEd, Dean of Students - Thornton Township High School. Harvey, IL

#### 67. What We Wish We'd Known, Sharing Parent Voices (PreK-12) Ballroom D

A panel of four Collective Impact Parent Partners will draw on their experiences in schools and discuss helpful ways educators and parents can partner together to support youth with complex mental health needs. Join the conversation with this parent panel sharing experiences and ideas for parent/school collaboration. (Ability Level: Basic; Track: Personal/Social)

Presenter(s): Kimberlee Coronado, Alison Wolf, Joe Zeinmetz, Rob Kaminski, , Parents - WI Children's Mental Health Collective Impact Partners (WCMHCI), Madison, WI; Kimberlee Coronado, EC and CIP Co-Chair - WCHMCI, Madison, WI; Alison Wolf, CIP Co-Chair - WCMHCI, Madison, WI; Joe Zeinmetz, CIP - CMHCI, WI; Rob Kaminski, Access Committee Co-chair - CMHCI, Madison, WI

#### 68. Zones of Regulation: Helping Students Recognize Feelings, Independently Hall of Ideas E Problem Solve Good Choices and How to Use In Every Day Counseling (PreK-5)

The Zones of Regulation is a system that helps students identify how they are feeling. The Zones teaches students to choose behaviors that can help them consciously regulate their emotions. In this sectional you will learn about the Zones and how it can be used in counseling along with lesson plans that you can use. You will also receive different ideas on how to implement the Zones school-wide over the course of a few years. (Ability Level: Basic; Track: Personal/Social)

Presenter(s): Tiffany Schuette, MSE, Elementary School Counselor – New Holstein Elementary School, New Holstein, WI

#### 69. Innocence Sold (Gr. 6-12)

#### Hall of Ideas F

Educational Presentation/Film Clips "INNOCENCE SOLD" features three short films, the story of Sabrina, a high school student lured into sex trafficking, her trafficker, Matt; and her friend, Andrea. The film INNOCENCE SOLD was produced and filmed in the Fox Valley to educate young people about the dangers of sex trafficking. Learn the warning signs, identify resources/services, provide 1-888# and text free # for students and adults to obtain help and information. The presentation delivers an outline of key information to gain a greater understanding of this insidious industry who has no boundaries - it happens in large cities and small town. Goal of the film is to protect our kids. Target audience is Middle to High School Students and local communities. INNOCENCE SOLD premiered late August of 2017 to over 200 people from all walks of life. This training resource has been presented to schools, health agencies, business & industry and faith communities. Education bring awareness thus helps our students/community prevent further tragedies. Presentations and Facilitator Guide including DPI's available on 5-stones web site:www.5-stones.org (Ability Level: Basic; Track: Personal/Social)

Presenter(s): Kristine D. Peterson, MSE, Counselor - 5-stones non-profit org, Appleton, WI; Catherine Tatge, Honorary Doctorate from Lawrence University, President of Global Village Media - Global Village Media, Cornwall Bridge, CT; Kris Pierce, Corporate Trainer/Retired - 5-stones, Appleton, WI

#### 70. Mindfulness for your school (PreK-12)

#### Hall of Ideas G

Through mindfulness practice students learn to pay attention to the present moment with compassion

and non-judgmental awareness. This leads to reduced stress, improved academic performance, increased emotional regulation, self-control and focus. School counselors are perfectly positioned to introduce mindfulness through school counseling programming and support efforts to develop school-wide strategies. Come learn how you can bring mindfulness into your school culture and learn a variety of ways to implement mindfulness to support all students. (Ability Level: Basic; Track: Personal/Social)

Presenter(s): Elina Kats, M.S. Educational Psychology, School Counselor - University School of Milwaukee, Milwaukee, WI; Kristin Boileau, MS, Elementary School Counselor -Osceola School District, Osceola, WI; Erin Cecil Pigo, School Counselor - Milwaukee Public Schools, Milwaukee, WI

#### 71. College Begins in Kindergarten (PreK-5)

Come learn how an elementary school implemented a K-5th school wide college program. Participants will learn ideas that can easily be implemented into what they are already doing. (Ability Level: Basic; Track: Career/Post Secondary)

Presenter(s): Stacey Miller, EdS, LPC, NCC, School Counselor – Sun Prairie School District, Sun Prairie, WI

#### 72. School Counseling Leadership (PreK-12)

During this session district school counseling leaders and building administrators will have the opportunity to collaborate and share best practices in supervising comprehensive school counseling programs. (Ability Level: Advanced; Track: Leadership/Advocacy)

Presenter(s): Mindy Willard, M.A., School Counseling and Transitions Coordinator - Madison Metropolitan School District, Madison, WI; Mark Kuranz

#### 73. Addressing Academic Stuckness Using Executive Functioning (Gr. 6-12) Hall of Ideas J

Many students experience "stuckness" in school. They withdraw from academics, disengage from school, become inactive, and struggle with schoolwork. This presentation will examine stuckness as it relates to executive functioning. It will then discuss how these challenges present themselves in a student's daily life and how they can be addressed with behavioral and cognitive strategies that will foster growth and independence. The presentation will focus on students with ADHD, LD, Personal/Social issues, and gifted students. (Ability Level: Basic; Track: Academic)

Presenter(s): Scott Lutostanski, NCC, LPC, M.Ed., MACC, Director of Academic Consulting - Galin Education, Middleton, WI

#### 74. A Multifaceted Approach to Meeting the Needs of Students with Meeting Room K Selective Mutism in the School Setting (PreK-8)

Selective Mutism is a complex childhood anxiety disorder characterized by a child's inability to speak and communicate effectively in select social settings, such as school. This session will focus on how a school counselor collaborated with other educators and parents to meet the needs of an elementary student using a multifaceted approach. Through a case study, participants will learn how consultation, individual counseling and small groups were used to significantly improve a student's school experience, especially in the areas of communication, anxiety reduction and relationships. (Ability Level: Basic; Track: Personal/Social)

#### Hall of Ideas H

#### Hall of Ideas I

Presenter(s): Laura Multer, M.S.Ed., School Counselor - Kohler School District, Kohler, WI; Rikki Bruggink, 3rd Grade Teacher - Kohler School District, Kohler, WI; Jennifer Roeber, 4th Grade Teacher - Kohler School District, Kohler, WI

#### 75. Dual Credit Academies - A Collaborative Partnership that Works (Gr. 9-12) Meeting Room L

Since 2015, WITC has established 4 different dual credit academies in the areas of Welding, Construction and Automotive, most of which are positioned in the high schools. Eight schools are already participating and at least 4 more are slated for next year. In this session, counselors will learn best practices for working with their technical college partners to bring these academies to their schools. (Ability Level: Intermediate; Track: Career/Post Secondary)

Presenter(s): Jeanne Germain, M.Ed., Director, Career Prep & K12 Relations - Wisconsin Indianhead Technical College, New Richmond, WI

# 76. From Risk-Taking to Risk-Making: encouraging gifted students to step Meeting Room M out of their comfort zones (Gr. 6-12)

Self-advocacy is one of the best ways for gifted students' to assure that their intellectual needs are met as they transition from elementary to middle school. But self-advocacy requires taking and making positive risks and some of our brightest kids fear stepping outside their comfort zones. This session describes both risk-taking and risk-making and offers several ideas for helping gifted teens accept and create their own academic challenges, opening up a world of possibilities that will lead them in exciting new directions. (Ability Level: Basic; Track: Personal/Social)

Presenter(s): Deb Douglas, MS C&I, Ms - GT Carpe Diem, LLC, Fitchburg, WI

## 77. School Counseling Preparation Program Summit (Postsecondary) Meeting Room N

This session is for program coordinators and faculty at Wisconsin's 10 school counseling preparation programs. The session provides a forum for the graduate educators to gather, share programmatic updates, and discuss topics that are salient to the preparation of school counselors. (Ability Level: Advanced; Track: Career/Post Secondary)

Presenter(s): Gregg Curtis, PhD, School Counseling Consultant - DPI, Madison, WI

## Army ROTC Brunch 11:00 a.m. Keynote Speaker – Rosalind Wiseman – "Owning UP" Level 1 – Hall B